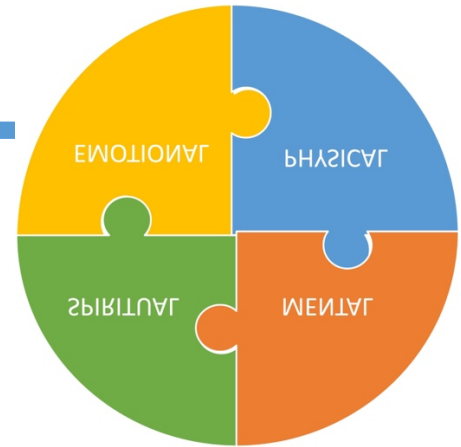


FOUR LIFE QUADRANTS

Real problems cannot be changed in the **physical world**; they can only be changed in the **mental**, **emotional**, and **spiritual worlds**.



READING – ONLY YOU

By Dan Coppersmith

No one on Earth exists
quite like you
And no one is able to do
what you do
The person you are, the
talents you bear
Gifts that only you can share

Only you have learned from
the things you've done
Gaining perspective, from
the battles you've won

Times when you've lost,
have been priceless too
The lessons contribute to what
makes you you

The rest of the world can't
see through your eyes
Which is why your insight is such
a prize

Because you are you, there are
lives you affect
Much more than you would
ever expect

The things you do, the things you
say Send ripples throughout the
Milky Way

You're unique, amazing like no
one else
You have the exclusive on
being yourself.

Things To Ponder

1. Do you believe that the process of change starts with your mental quadrant?
2. How do you change the spiritual, mental, and emotional worlds to affect the physical world?